

Cathy Rogers Evans

Junior Intermediate Iyengar Yoga Teachers Training

December 11th, 12th, 13th & 14th 2009

These four-day courses are designed to help you to prepare for assessment for a Yoga Teachers Certificate with Iyengar Yoga National Association of the United States (IYNAUS). However you are welcome to join this course if you wish to intensify your study and practice of yoga. Each course can be taken as a stand-alone workshop.

This course will combine Junior Intermediate Levels I, II and III syllabi. Having been a trainer and assessor of Iyengar yoga teachers for more than fifteen years in the UK and the USA, I look forward to the opportunity of enabling you to improve your practice and teaching skills.

Location: 1820 Zeller Street, San Diego, CA 92114

Phone: 619 255 4895

Email: cathy@yogasouth.com

Web: www.CathyRogersEvans.com

Course Schedule

Friday	Saturday	Sunday	Monday
9am – 2pm	9am – 2pm	9am – 2pm	9am – 2pm
3pm – 5pm	3pm – 5pm	3pm – 5pm	

Weekend Course Cost: \$250.

Individual days can be attended for \$70 each.

Booking: Please send a check and booking slip to Cathy Rogers Evans at the above address to secure your place. Advance booking is essential.

Next Course Dates in 2010: March 12-15, April 16-19, May 28-June1, July 2-5, Sept.17-20

Booking Slip

Name: _____

Address: _____

Telephone Number: _____ Email Address: _____

How long have you been practicing yoga? _____.

Payment Enclosed: _____

